

EXPERIENCE SLIGO

with people who live there

6 - 13 August 2024



Benbulbin



Mullaghmore Beach



Seaweed Walk



Carrowmore Megalithic Cemetery



Pier Head Hotel Mullaghmore, Co. Sligo



Registration to Elizabeth Zollinger, Neumarkt 11, 8001 Zurich
info@irish-culture.ch / www.irish-culture.ch 0041 77 5200136
as early as possible but latest 1 June 2024

Harper and Sligo native Catherine Rhatigan invites you to explore the magical landscape and lifestyle of North Sligo, stunning beach walks, Carrowmore Megalithic Cemetery, WB Yeats, Knocknarea, Seaweed and Hawk walks, history and stories.

Information and bookings:

Elizabeth Zollinger, Neumarkt 11, 8001 Zürich, 044 2520918
info@irish-culture.ch, www.irish-culture.ch

Programme

6 Aug: Individual journey to Sligo (plane to Dublin airport and direct bus to Sligo from the airport), transfer to Pier Head Hotel, dinner.

7 Aug: Catherine introduces North Sligo, small lunch at the beach and Seaweed walk in Streedagh with seaweed expert Prannie Rhatigan. Free time for a swim or a cup of coffee, dinner in a local Restaurant.

8 Aug: Walk around the stunning and iconic Head of Mullaghmore, Afternoon: guided tour through the Megalithic Cemetery of Carrowmore, dinner in a nice restaurant in the sea resort of Strandhill.

9 Aug: Follow in the footsteps of the Nobel Prize winning poet WB. Yeats and explore the magical landscape of North Sligo with Catherine Rhatigan.

10 Aug: Get close and personal with some of Ireland's Native birds on a Hawk walk with Darren Coen. Afternoon: sightseeing and shopping in Sligo town.

11 Aug : Explore the hedgerows and wild areas, identify and collect edible wild plants with Gaby Wieland, visit Creevykeel, a megalithic court tomb (3500 BC), lunch at Gabys Néantog Kitchen Garden, afternoon free. Music Session in one of Sligos old cosy pubs.

12 Aug: Knocknarea: visit the grave of the legendary Queen Maeve of Connaught, a huge 5000 year old cairn (a bit strenuous) or enjoy an easy beach walk in Strandhill. Afternoon: free time. Evening: Farewell dinner in Prannie Rhatigan's house

13 Aug: transfer to Sligo, bus to Dublin airport or travelling on.

The programme is suitable for German and English speakers. (translation available if required)

Accommodation: Pier Head Hotel, Leisure Centre and Spa, a friendly ***Hotel right beside the Pier with spectacular sea views.

Participants:14 - 16

Costs: from Sligo town to Sligo town **CHF 1490.-** (approx. Euro 1490.-) depending on exchange rates and with **14 – 16 participants**, supplement for smaller groups **12/13 CHF 190.- / 10/11 CHF 250.-**

The price will be adjusted if there is a substantial change in the exchange rate.

Included: all group transports, 7 nights in a twin room in the Pier Head Hotel with full Irish breakfast, 4 dinners, 2 lunches, all activities according to programme, tours guided by Catherine Rhatigan and Elizabeth Zollinger.

Not included: Flights to and from Dublin, bus to Sligo, 3 dinners, 5 lunches, drinks and tips, accident and cancellation insurance.

Supplements: single room for 7 nights : CHF 220.-

The number of single rooms is limited, book early. We are happy if participants who do not know each other are willing to share a room.

I can book extra nights for you in the Pier Head Hotel, in Galway or on Inishmore, Aran Islands.



Catherine Rhatigan grew up in north Sligo, studied at University College Galway, and was teaching in Donegal town before moving to Zurich. She has a life long interest in the area where she grew up, and has worked on several artistic projects in recent years that feature the culture, landscape and history of the region, both abroad and at home. Her work has aired in the Czech Republic, France, Germany, Austria The U.S., Slovakia and Switzerland as well as in Ireland. She and Elizabeth have worked together on several cultural projects over the last decade. www.irelandharp.net



Mullaghmore Beach